



SYMBIOSIS SKILLS AND PROFESSIONAL UNIVERSITY

(Recognised by UGC & Established under Govt. of Maharashtra Act. No. XXXVII of 2017)

(Formerly known as Symbiosis Skills and Open University)

Notification No. SSOU/2020/143, Dated: 30/05/2020

Subject: Approval for Certificate course in Personal Styling and Grooming – Learning with customised approach to be offered under School of Beauty and Wellness from the Academic Year 2019-20.

It is hereby notified for information to all the concerned that the nomenclature, eligibility criteria, intake capacity, course duration, fees structure and course content of Certificate course in Personal Styling and Grooming – Learning with customised approach to be offered under School of Beauty and Wellness from the Academic Year 2020-21 will be as per Annexure 'A' enclosed with this notification, the same has been approved by Academic Council at its meeting held on 23rd May, 2020.

The notification will come into effect from the date of its issue

Sd/-

Dr. Swati Mujumdar

Pro-Chancellor & Acting Vice-Chancellor

Copy for information to:

1. Program Head, School of Beauty and Wellness.
2. COE, SSPU
3. Chief finance and accounts officer, SSPU
4. SSPU Website

Title - Certificate course in Personal Styling and Grooming – Learning with customised approach

Program Name: Certificate Course in Personal Styling and Grooming– Learning with customised approach

Proposed by: BSc Beauty and Wellness Faculty, SSPU.

Batch size proposed: 10 students

Eligibility Criteria

- Students
- All Working professionals of any age group

SECTOR: Beauty and wellness/ Lifestyle

SUB-SECTOR: Personal Styling and Grooming

Occupation & Description of Role: Personal Styling and grooming is a need of being presentable through understanding of our body as an individual and it's caring. It's probably the most important thing in personal and professional life. Personal Styling and Grooming creates a great impression not only in our professional but in personal life as well. When a person gets a compliment, she feels positive and confident. This enables a person feel more energetic. No matter what you do, be well groomed and presentable. Since, it is not an easy task for a person how to achieve presentable still natural look, SSPU is here to help you with "Certificate in Personal Styling and grooming" program for every individuals.

Role: An individual after completing this program should be able to look after and execute her Styling and grooming.

Proposed Program Duration: 8 Hours

Program Fee: ₹ 3000 / - per Student

Course Content: Details with Tutorials & e-Practicals

| Module | Duration (hrs) | T/eP (hrs) | | Scope |
|---|-----------------------|---|------------------------------------|---|
| 1. Basic Understanding of Body shapes and dressing according to body shape. Diet tips for Good health, Skin, Hair, Nails | 1.5 | T-1.5 with PPT | Theory- PDF File | One will be benefited and trained to utilize basic grooming techniques/requirements for day to day basis. Successful to understand and distinguish about the correct makeover/dress up for desired sector (e.g. - The grooming technique for a corporate individual and a social worker might differ in various |
| 2. Personal hygiene. Product selection & basic Procedure of – daily (Day & Night) skincare regime. | 1.5 | 30T+30min Guidance on previous session assignment | Theory- Product knowledge PDF File | |

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| 3. Hair care - Basic hair care, hair types and its maintenance, hair cleansing rituals. Blow dry straightening & curling | 1.5 | 1T + 30 min eP (skin session practice) | Theory-Product knowledge PDF File | circumstances) and personal grooming routine may determine how he or she feels about themselves, and how other people perceive him or her. |
| 4. Make-up : Corporate Make-up with hairstyle | 1.5 | 1T + 30min eP (Hair session practice) | Theory-Product knowledge PDF File | |
| 5. Party makeup with Hairstyle | 1.5 | T-1.5+ 1 Corporate makeup eP | Theory-Product knowledge PDF File | |
| 6. Saree Draping for work | 1 | T-1 + 1 eP (Party Makeup) | NA | |

Who can enrol for this course?

- Students
- All Working professionals of any age group

Induction module:

- One-on-one online practical session
- PPT
- PDF
- Demonstration by faculty with the help of customized video

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